



The Holiday Activity Book

Animal cards to cut out, and a page to draw, trace, count and colour for every game.



This book belongs to: _____

What's inside

1. **My animal friends: 40 animal cards to cut out.** Each one has a true fact on it. Play snap, sort them by where they live, or pick one a day to learn about.
2. **A page for each of the 36 games.** Tracing, counting, sorting and drawing, to do away from the screen.
3. **A page for 11 of the What Makes Me tours.** Label, draw and colour how your body works.

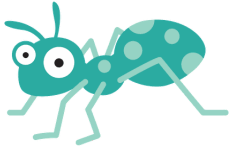
For the grown-up

There's no right order. Let your child choose a page, and do it together: say the words out loud, and ask "how do you know?" A page a day on holiday is plenty. The handwriting is NSW Foundation Style, the way it's taught in NSW schools.

Everything here is free to print and copy for your family or class. The games are at littleroos.com.

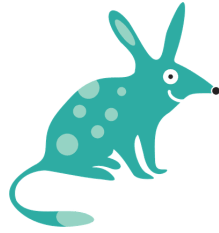
My animal friends

cut along the dashed lines



Ant

Meat ants cover their nest mounds with sand and little pebbles.



Bandicoot

Bandicoots dig little holes with their front feet to sniff out insects.



Bat

Little forest bats catch flying insects at night and hang upside down to rest.



Bee

Stingless bees cannot sting, but they do make a thin honey.



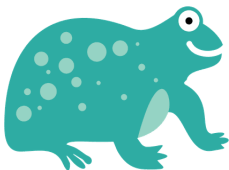
Butterfly

Ulysses butterflies have bright electric blue wings trimmed with black.



Camel

Camels first came to Australia in 1840, and now roam the middle of the country.



Cane Toad

Cane toad tadpoles are black, and they become toads in about a month.



Cockatoo

Cockatoos feed in groups while one keeps watch from a nearby branch.

My animal friends

cut along the dashed lines

Crocodile

Crocodile mums carry their babies to the water in their mouths.



Dingo

Dingoes hardly ever bark. They howl instead.



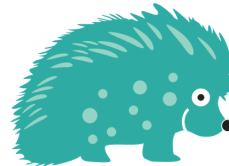
Dugong

Dugongs eat only seagrass, munching it from the sea floor.



Echidna

Echidnas catch ants and termites by flicking out a long, sticky tongue.



Emu

Emu dads sit on the eggs and look after the babies.



Flying Fox

Flying-foxes spread seeds and pollen, helping new trees to grow.



Frog

Green tree frogs are sometimes found sitting in toilet bowls!



Galah

Galahs have rosy pink and grey feathers, and fly in noisy flocks.



My animal friends

cut along the dashed lines

Gecko

Leaf-tailed geckos are patterned just like the rocks they live on.



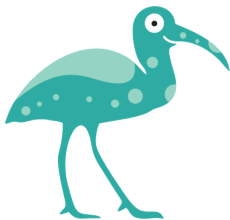
Great White Shark

Great white sharks are grey on top and white underneath.



Ibis

Ibis dig for food with their long, curved bills.



Jellyfish

Moon jellies have four pink horseshoe shapes inside their see-through bodies.



Koala

Koalas eat gum leaves and spend most of their time up in trees.



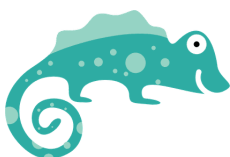
Kookaburra

Kookaburras laugh together in a loud chorus to say, this is our home!



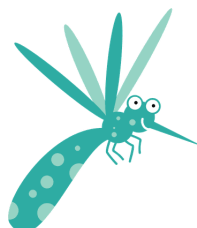
Lizard

Blue-tongue lizards have live babies instead of laying eggs.



Mosquito

Mosquitoes start life as wigglers that live in water.



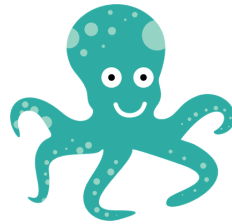
My animal friends

cut along the dashed lines



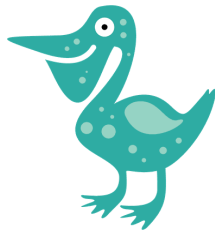
Numbat

Numbats need up to twenty thousand termites every day.



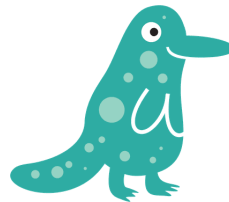
Octopus

Sydney octopuses can change colour and shape to look like seaweed.



Pelican

Pelicans have huge bills that can hold up to thirteen litres.



Platypus

Platypuses have webbed feet and a broad, flat tail.



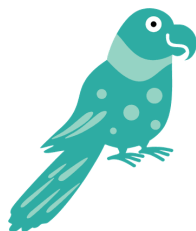
Possum

Brush-tail possums sleep in hollow trees by day and come out at night.



Quokka

Quokkas can climb trees to reach their food.



Rainbow Lorikeet

Rainbow lorikeets drink sweet nectar from flowers and chatter in noisy flocks.



Snake

A carpet python mum curls around her eggs to guard them until they hatch.

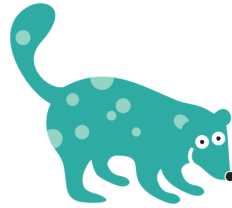
My animal friends

cut along the dashed lines



Spider

Garden orb-weavers spin their webs in the evening and take them down at dawn.



Spotted Quoll

Spotted-tailed quolls have white spots all the way down their tails.



Tasmanian Devil

Young Tasmanian devils climb trees and play-wrestle with each other.



Wallaby

Swamp wallaby mums can look after two joeys of different ages at once.



Wasp

Mud-dauber wasps collect mud and water to build their nests.



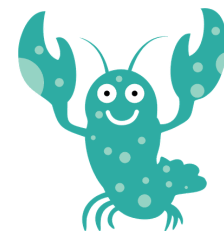
Whipbird

Whipbirds sing in pairs. He makes a whip crack, and she answers.



Wombat

Wombats spend most of their lives inside their burrows.



Yabby

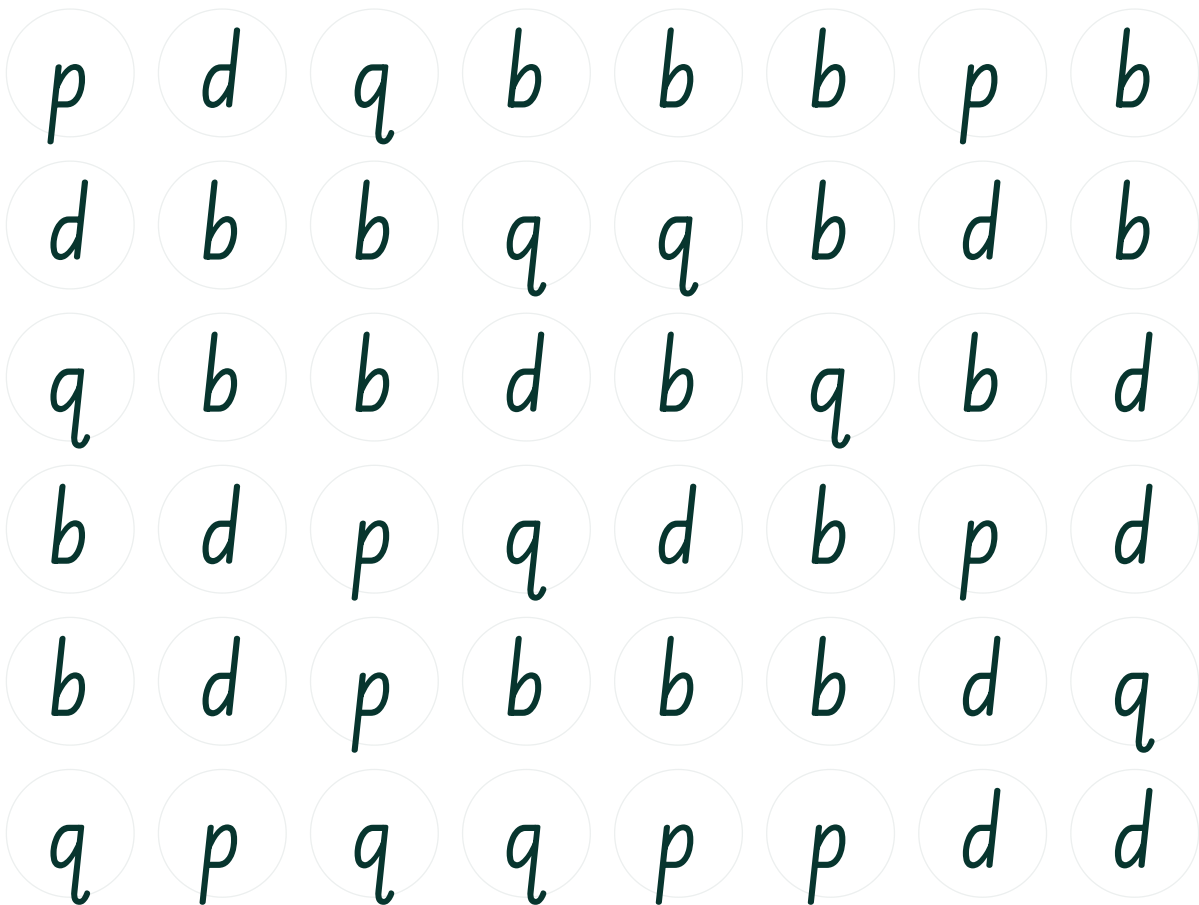
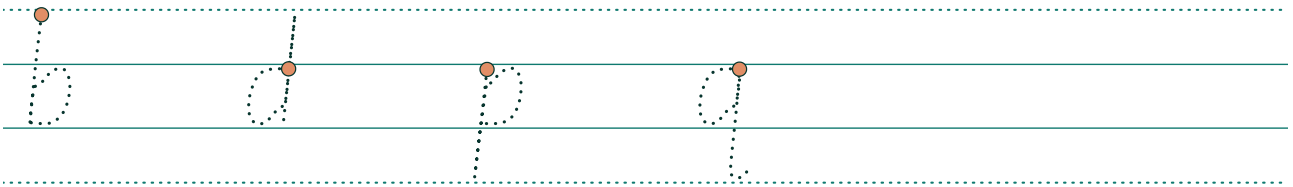
Yabbies can rest deep in muddy burrows for years when the water dries up.



Ps and Qs

Name: _____

For the grown-up: Trace b, d, p and q at the top. Then: colour every b, and circle every d. Tip: b has its tummy on the right, d on the left.





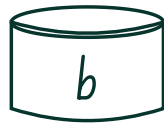
Waterfall

Name: _____

For the grown-up: Four waterfalls. In each one, every letter is the same except one. The well shows which letter to find: draw a ring round it. Then write a waterfall of your own for someone else to search.

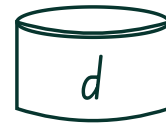
p p p p p p
p p p p b p
p p p p p p
p p p p p p
p p p p p p

Find the b



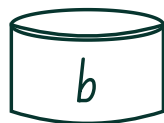
p p p p p p
p p p d p p
p p p p p p
p p p p p p
p p p p p p

Find the d



d d d d d d
d d d d d d
d d b d d d
d d d d d d
d d d d d d

Find the b



p p p p p p
p p p p p p
p p p p p p
p q p p p p
p p p p p p

Find the q

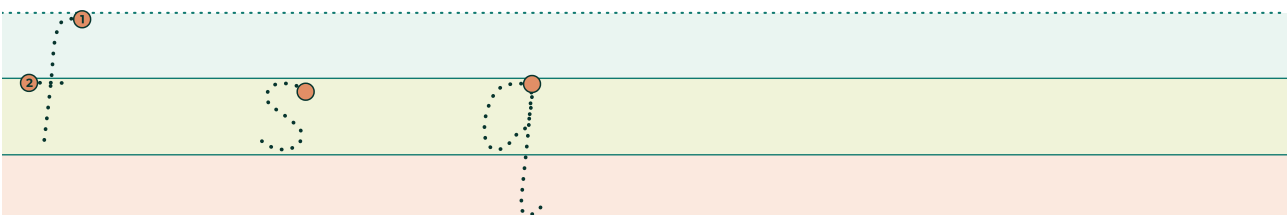
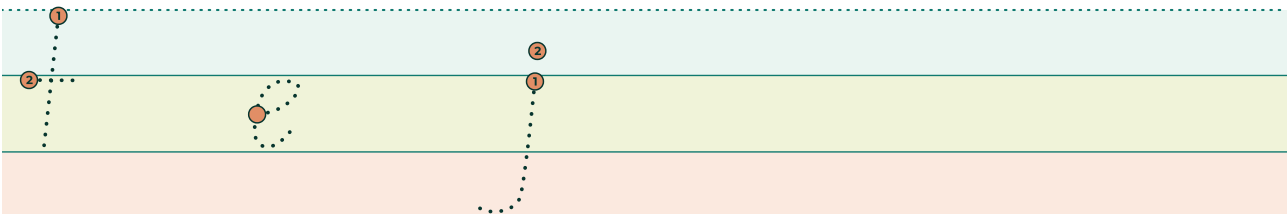
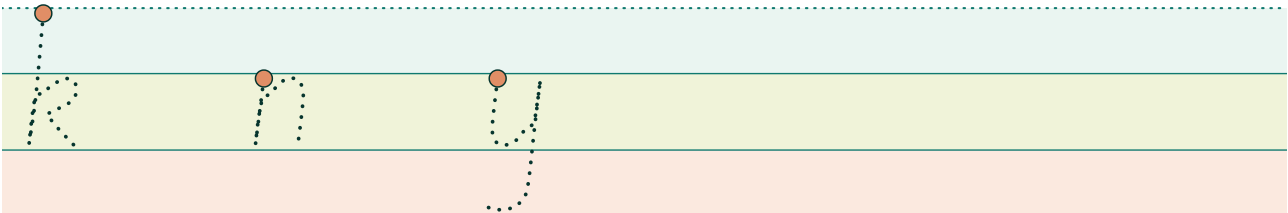
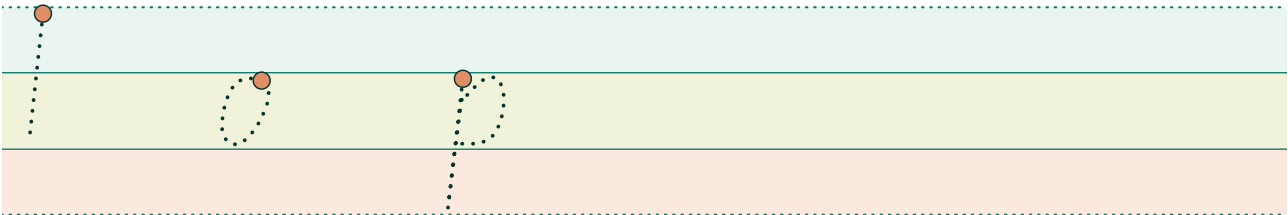
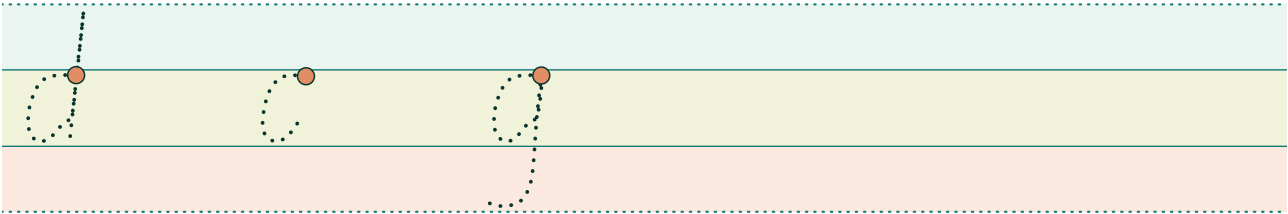
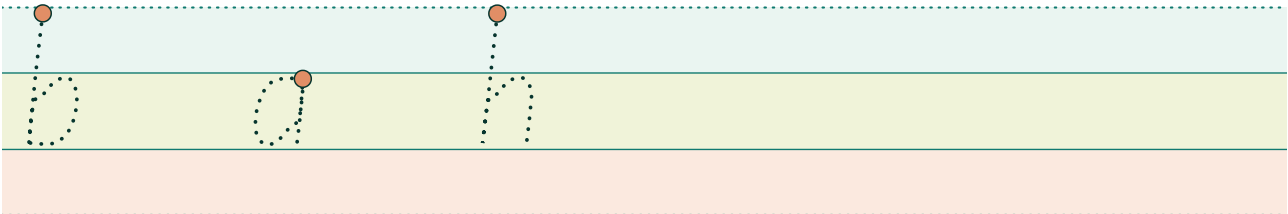




Sky Grass Dirt

Name: _____

For the grown-up: Tall letters reach up into the sky (mint). Small letters sit on the grass (olive). Letters with a tail dig down into the dirt (coral). Trace each one, then write your own in the gaps.





Dingo's Echo

Name: _____

For the grown-up: Sound bingo, for two. The grown-up says a sound (not the letter's name), and the player covers the letter that makes it with a coin or a button. Three in a row wins.

Board 1

o	s	m
d	c	a
p	n	t

Board 2

d	g	e
o	p	a
i	c	m

Sounds to call (just the sound, no "uh"):

/s/ · /a/ · /t/ · /p/ · /i/ · /n/ · /m/ · /d/ · /g/ · /o/ · /c/ · /e/



Follow the Numbat

Name: _____

For the grown-up: Start at the coral dot. Follow the dots the way the numbat showed you. When there's a 2, lift the pencil and start again at dot 2.

i i i j

n m r h

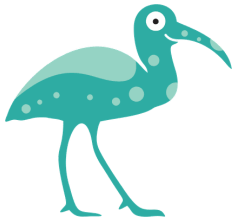
b p k

c o a d

g g e s t

u y v w

x z



Count on Me

Name: _____

For the grown-up: Read each number on the mat together. Cut out the cards and put each one on its number. Count the dots out loud as you go.

1	2	3	4
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✂ Cut out the cards and sort them onto the mat.

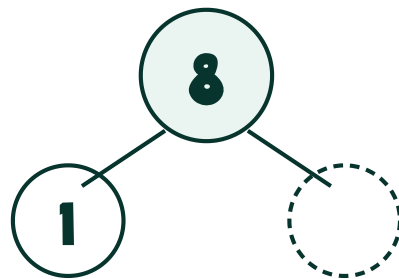
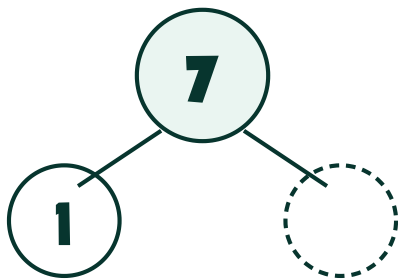
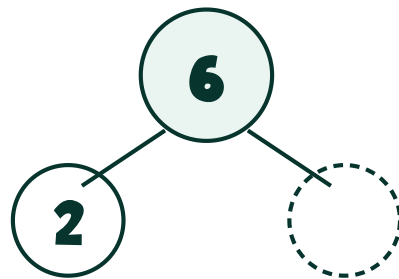
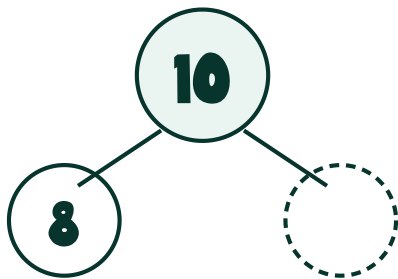
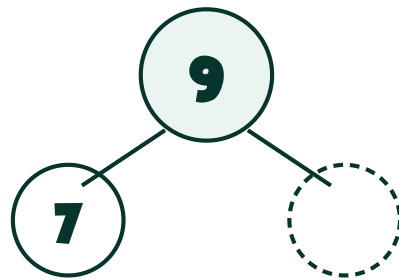
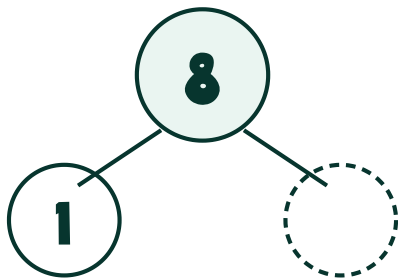
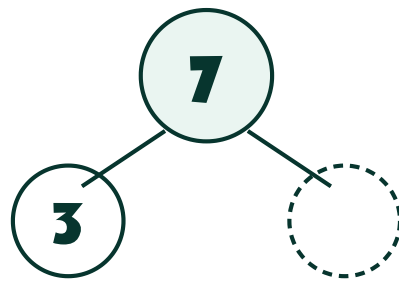
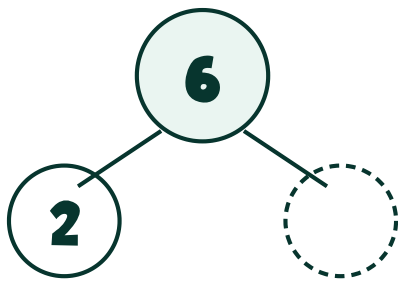
1 ●	2 ●●	3 ●●●	4 ●●●●	1	2	3	4
1 ●	2 ●●	3 ●●●	4 ●●●●				

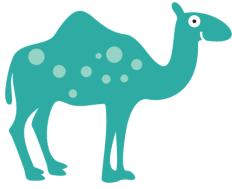


Number Ninja

Name: _____

For the grown-up: Each big circle is split into two parts. One part is filled in: what goes in the other to make the big number? Count on fingers, or draw dots.





Bigger Than a Digger

Name: _____

For the grown-up: Cut out the numbers. Is each one smaller than 10, or bigger? Put it on that side of the mat. Say it out loud: "14 is bigger than 10."

Smaller than 10

fewer

Bigger than 10

more

✂ Cut out the cards and sort them onto the mat.

17

9

5

2

20

7

14

11



Ten in the Den

Name: _____

For the grown-up: Each den has some dots. Draw dots in the empty squares to fill it up, then write how many you drew.

●	●	●	●	●
●	●	●		

8 and make 10

●	●	●	●	●
●				

6 and make 10

●	●	●	●	●
●	●	●		

8 and make 10

●	●			

2 and make 10

●	●	●	●	●

5 and make 10

●	●	●	●	●
●	●	●		

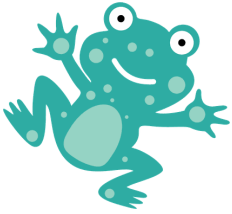
8 and make 10

●	●	●	●	

4 and make 10

●	●			

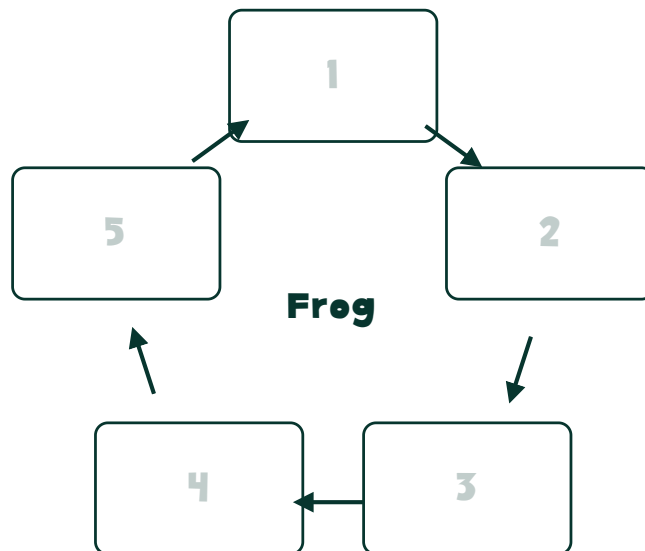
2 and make 10



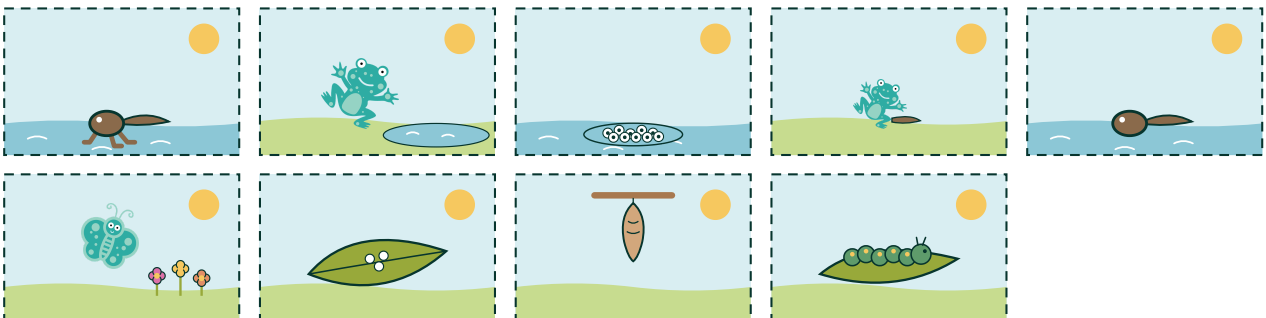
Frog's Big Change

Name: _____

For the grown-up: Cut out the nine pictures. Put the frog's five round the circle in order, starting at 1 (eggs, tadpole, tadpole with legs, froglet, frog), then the butterfly's four in a row. Say each one as you go: what comes next?



✂ Cut out the pictures. Put the frog's round the circle, from 1, and the butterfly's in a row





Wallaby Hops to 20

Name: _____

For the grown-up: Draw Wallaby's hops as little arcs along the line, counting as you go, then write where she lands in the box.

Wallaby is on 3. She hops 2. Where does she land?

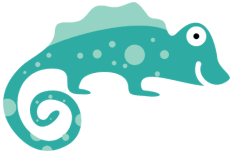


Wallaby is on 7. She hops 4. Where does she land?



Wallaby is on 12. She hops 5. Where does she land?





Stroopy

Name: _____

For the grown-up: Top: read each colour word together, then colour its box in that colour. Bottom (best printed in colour): point to each word and say the colour of its ink.

Teal

Orange

Green

Pink

Teal

Orange

Green

Pink

Teal

Orange

Green

Pink

Now the tricky part. Say the colour you see, not the word!

Teal

Orange

Green

Pink

Teal

Orange

Green

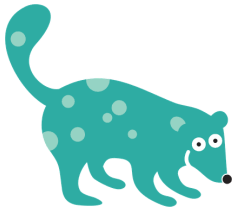
Pink

Teal

Orange

Green

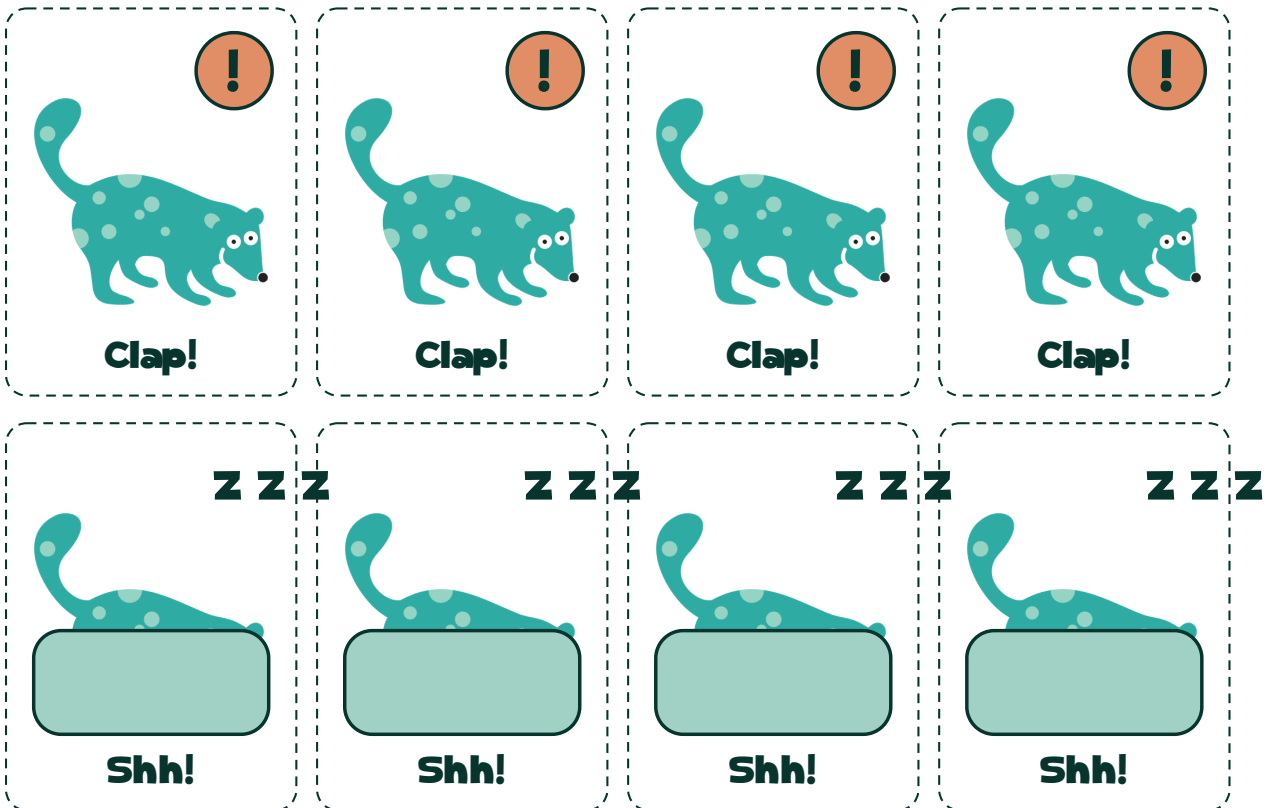
Pink



Hold It, Quoll!

Name: _____

For the grown-up: Cut out the cards and shuffle them. Turn them over one at a time. Awake quoll: clap! Sleepy quoll: freeze and stay quiet. Then swap who turns the cards.



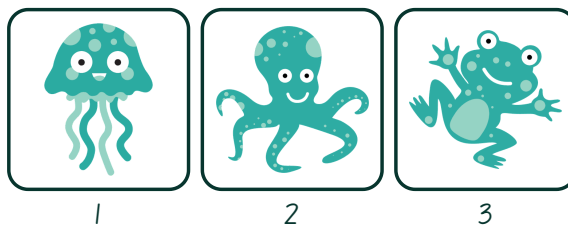


Dugong Remembers

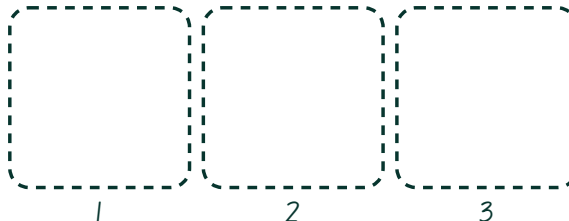
Name: _____

For the grown-up: Look at the friends in the top row together and say their names in order. Fold the sheet on the dashed line so they're hidden, then draw them (or just say them) in the same order. The second row has four, for when three is easy.

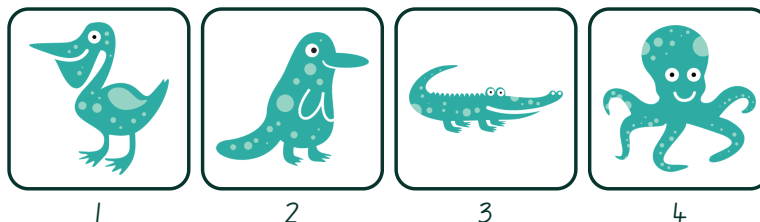
Look at these 3, in order



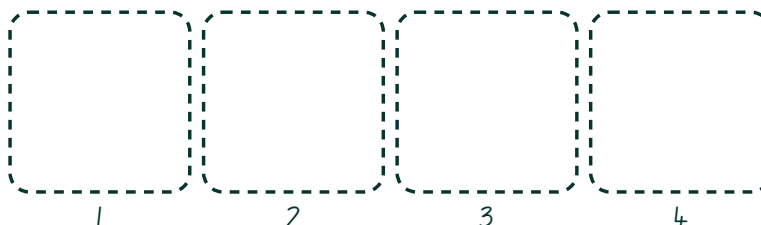
Fold here. Now draw them in the same order:



Look at these 4, in order



Fold here. Now draw them in the same order:





Whipbird's Whistle

Name: _____

For the grown-up: A long bar is a long whistle (or a long "whooo"); a dot is a short clap. Point along each song and play it together, left to right. Then take turns: one of you plays a song and the other points to it. Last, draw your own song and play it for someone.

 a long whistle: "whooo"  a short clap

1  

2   

3   

4   

5    

6    

Draw your own song, then play it:



Cockatoo's Loud and Soft

Name: _____

For the grown-up: Colour in some squares to make a song: each row is an animal, each column a beat. Then play it! Clap, stamp, tap a pot or make the animal's sound on each coloured square, counting 1, 2, 3, 4. Play it again loud, then soft, then fast, then slow: cut out the four cards at the bottom and take turns picking one.

	1	2	3	4
 Whipbird whistle				
 Cockatoo squawk				
 Kookaburra laugh				
 Bee hum				
 Frog croak				
 Emu drum				

Loud

Soft

Fast

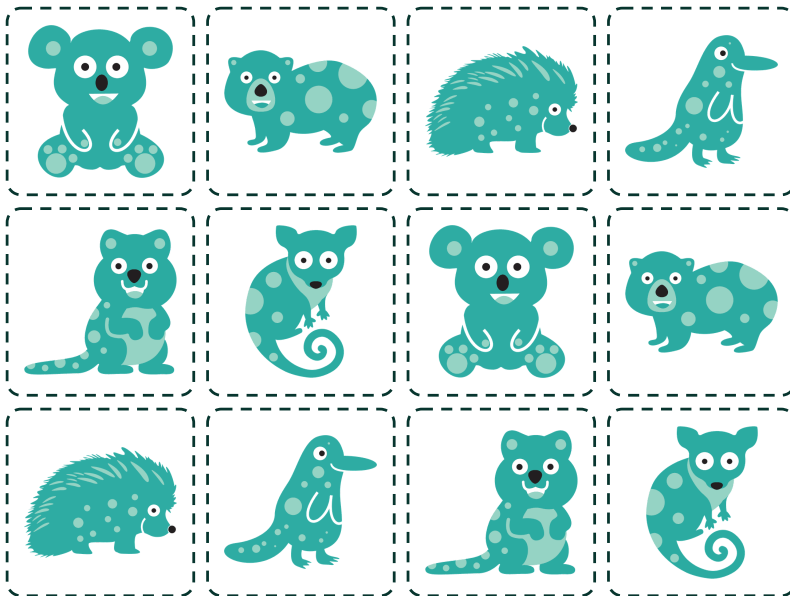
Slow



Kookaburra Takes Turns

Name: _____

For the grown-up: Cut out the twelve cards and lay them face down. Take turns: turn over two. A pair? Keep them. Not a pair? Turn them back over. Either way, say "Your turn!" and pass it on.





Spelling Bee

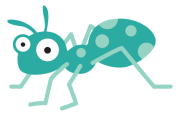
Name: _____

For the grown-up: Say the word together. Trace it, then write one letter in each box. Say each sound as you write it.



bat

--	--	--



ant

--	--	--



sun

--	--	--



hat

--	--	--



bus

--	--	--



emu

--	--	--



cup

--	--	--



van

--	--	--



A Rhyme at a Time

Name: _____

For the grown-up: Read each word out loud together. Draw a line from each word on the left to the word on the right that rhymes with it.

bat

bun

frog

tree



sun

spoon

bee



hat

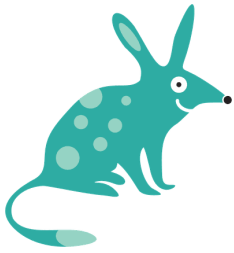
star

car

moon



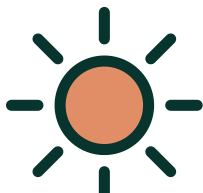
log



Blend It, Bandicoot

Name: _____

For the grown-up: Say the word slowly, one sound at a time: s ... u ... n. Tap a dot for each sound, then write the letter for each sound in its box.



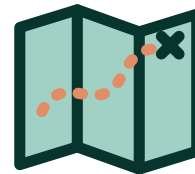
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--	--	--



--	--	--



Syllable Stomp

Name: _____

For the grown-up: Say each animal's name together, stomping once for each beat (ko-a-la is three). Colour in one footprint for each stomp. Frog has one; platypus has three.



frog



wombat



koala



emu



platypus



snake





Echidna's Sentences

Name: _____

For the grown-up: Read each sentence's words together, then cut them out along the dashed lines. Mix them up and build the sentence again in the box, then read it, pointing to each word. Where does the full stop go?

1

up Frog puffs

2

It a pet is

3

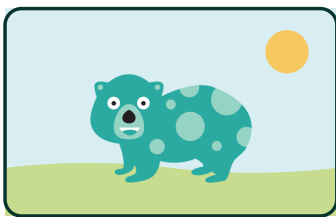
log Frog sits on a



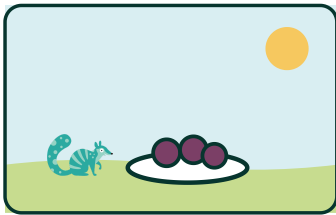
Lorikeet's Opposites

Name: _____

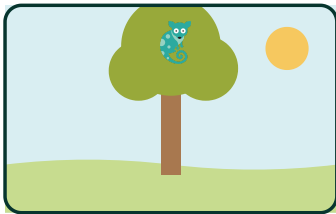
For the grown-up: Say what each picture on the left shows ("big!"), then find its opposite on the right and join the dots with a line. Then act them out together: can you make yourself big, then small? Up, then down?



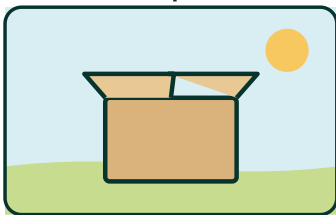
big



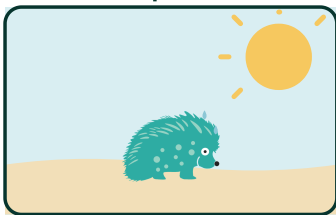
full



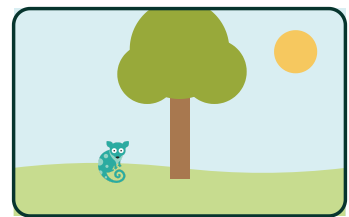
up



open



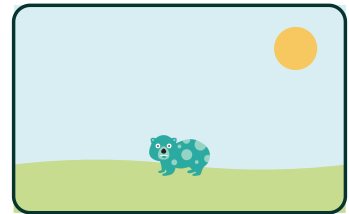
hot



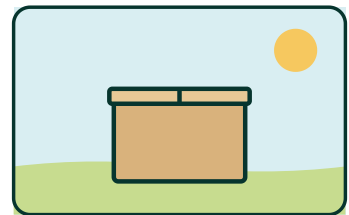
down



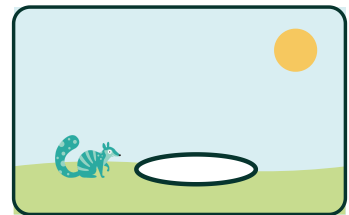
cold



small



shut



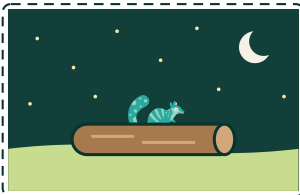
empty



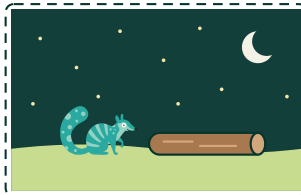
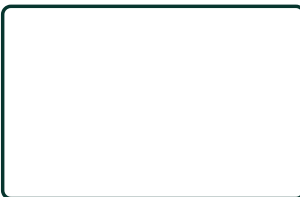
Flying Fox's Story Order

Name: _____

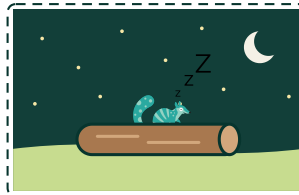
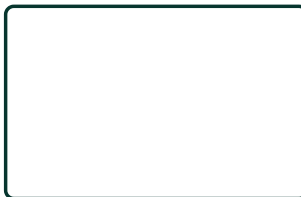
For the grown-up: These pictures are from Numbat Can't Sleep, one of the Little Roos stories to listen to. Cut them out along the dashed lines, talk about what's happening in each, then stick them in order: first, next, next, last. Retell the story together using the pictures. Last, draw what happened after the end.



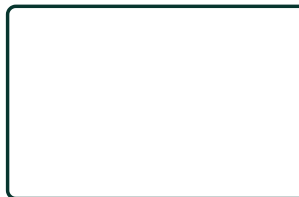
First



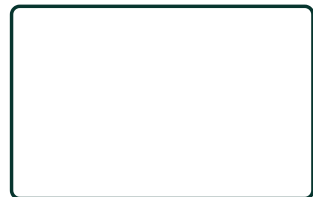
Next



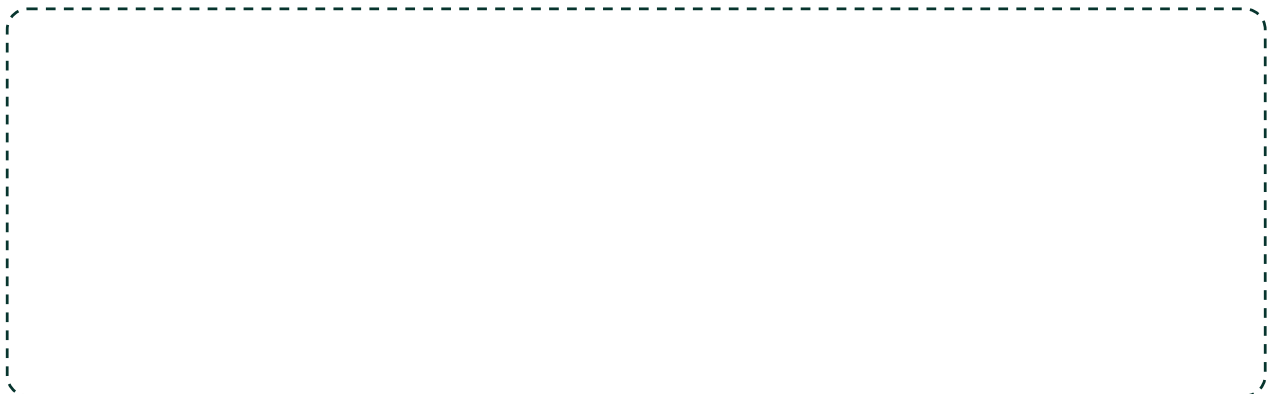
Next



Last



Now draw what happened after the story ended:



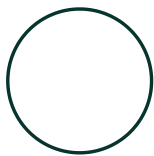


A Shape in its Place

Name: _____

For the grown-up: Cut out the shapes and put each one in its patch. Colour them in: all the circles one colour, all the squares another.

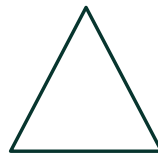
Circles



Squares



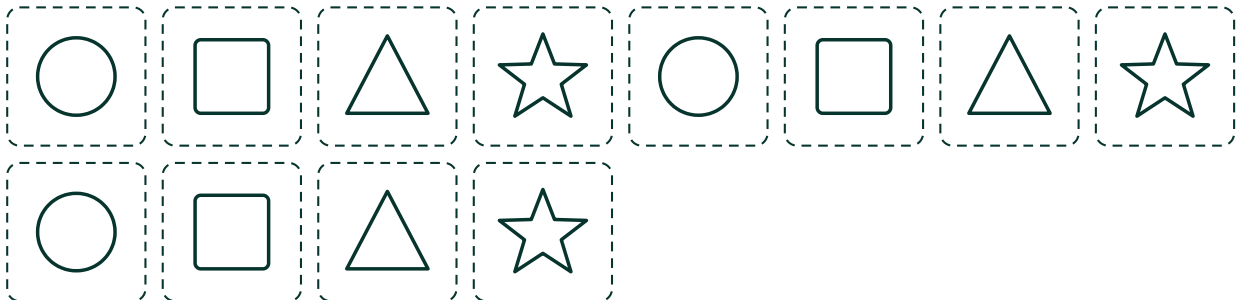
Triangles



Stars



✂ Cut out the cards and sort them onto the mat.

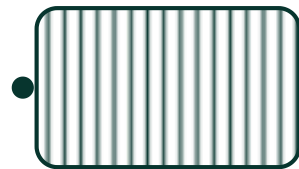
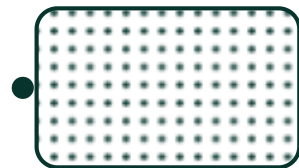
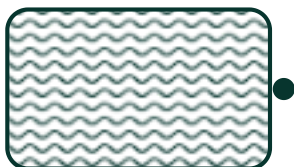
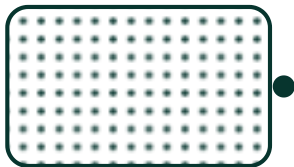


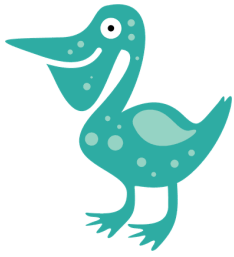


A Match for the Patch

Name: _____

For the grown-up: Draw a line from each patch on the left to the one that matches on the right. Then colour each pair the same colour.





Pelican's Patterns

Name: _____

For the grown-up: Say each pattern out loud: "circle, square, circle, square...". Draw the next two shapes in the empty boxes. Colour them in if you like.

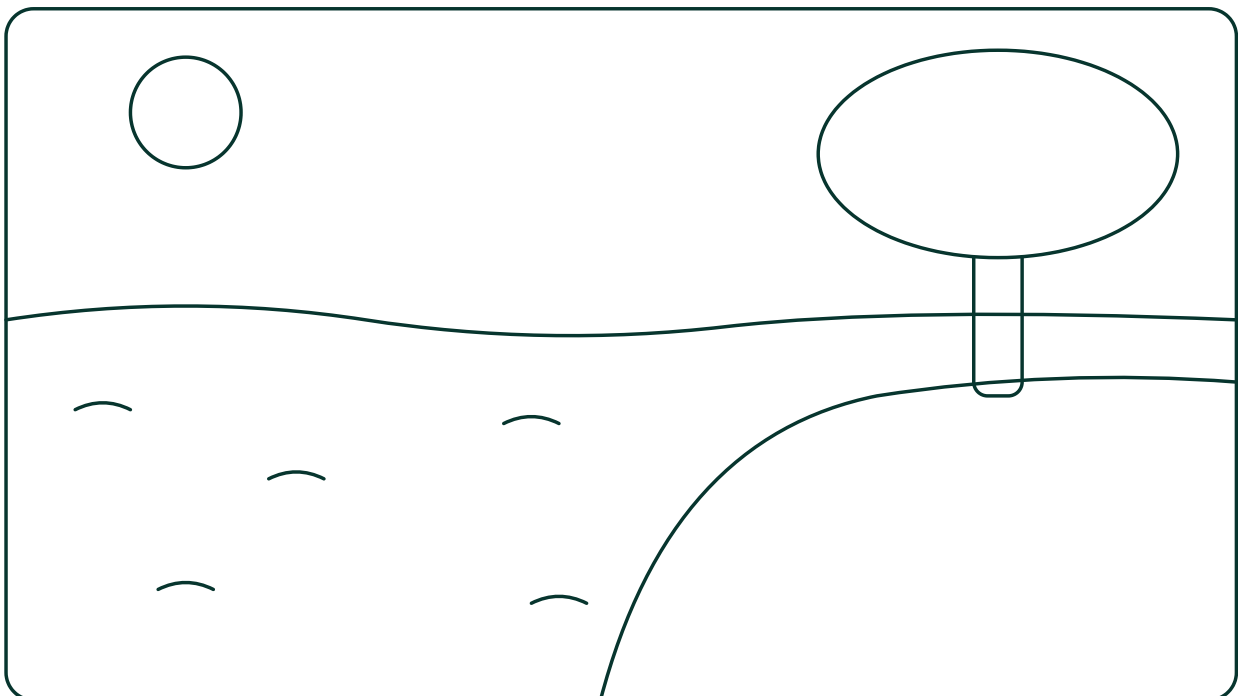




The Big Summer Scene

Name: _____

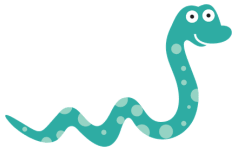
For the grown-up: Say each line together, then draw that many animals in that part of the picture: blobs with ears and a tail are perfect. Tick a circle for each one as it's drawn. Then make up your own: how many would you like up the tree?



Draw 3 animals in the water. ○ ○ ○

Draw 2 animals on the sand. ○ ○

Draw 1 animal up the tree. ○



Snake's Long and Short

Name: _____

For the grown-up: In each pair, tick the circle beside the longer ribbon, then colour it in. The dashed line shows where they both start, which is how we compare lengths. Last, draw a ribbon longer than the snake's.

☐	☐	
☐	☐	
☐	☐	
☐	☐	
☐	☐	
☐	☐	
☐	☐	
☐	☐	
☐	☐	

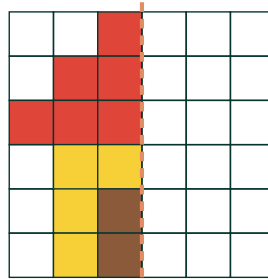
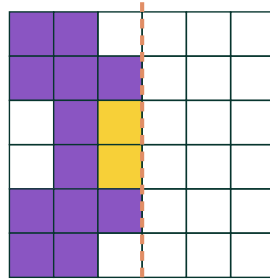
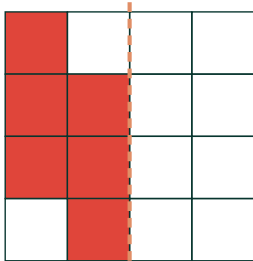
Draw a ribbon longer than the snake's:



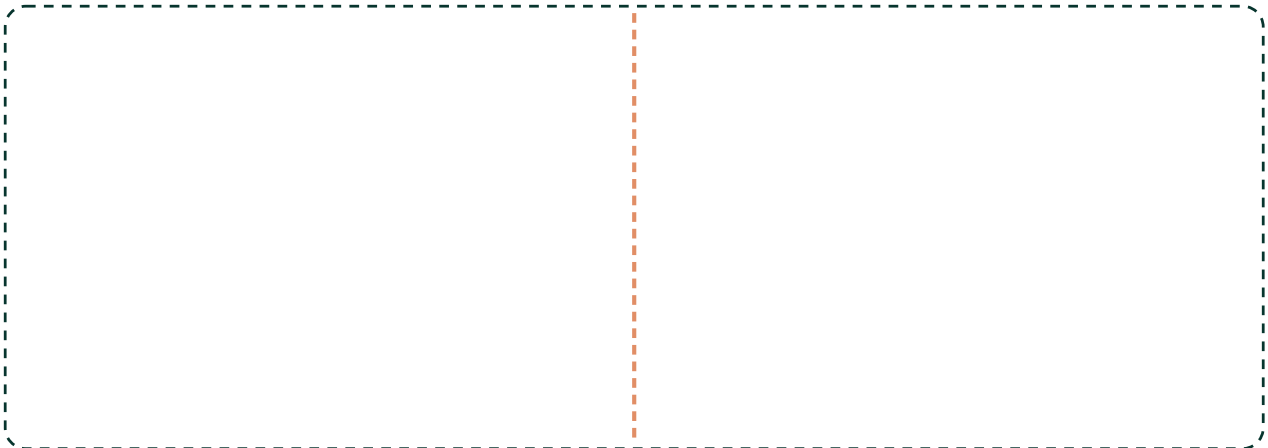
Gecko's Mirror

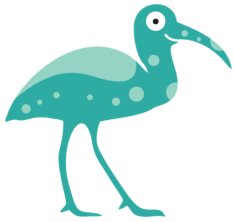
Name: _____

For the grown-up: Colour the squares on the right of each dashed line so both sides match, as if in a mirror. Count across from the line: one square away on this side, one square away on that side. Then draw half a picture of your own in the big box and swap with someone to finish it.



Now draw half of your own picture, and ask someone to finish it:





Ibis's Big Tidy-Up

Name: _____

For the grown-up: Point to each box and read its name together: big circles, small circles, big triangles, small triangles. Colour the blocks at the bottom (some orange, some blue), cut them out, and put each one in its box. Then mix them up and sort them a new way: all the orange together, all the blue together.

Big circles



Small circles



Big triangles



Small triangles



✂ Colour the blocks, cut them out, and tidy each one into its box.

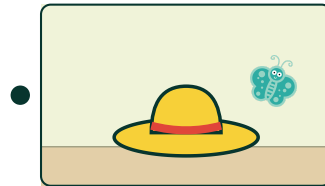
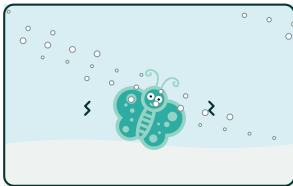
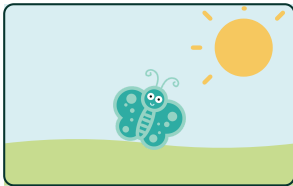
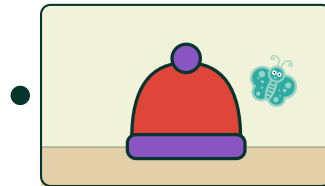




Butterfly's Weather

Name: _____

For the grown-up: Draw a line from each kind of weather to what Butterfly should wear for it. Then, each day this week, look outside and draw the weather in the chart: a sun, a cloud, rain, wind, hot or cold.



My weather this week

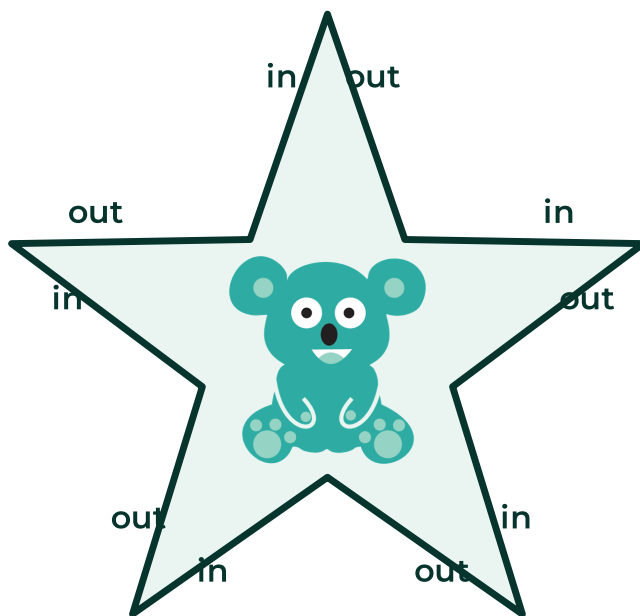
Mon	Tue	Wed	Thu	Fri	Sat	Sun



Koala's Calm-Down

Name: _____

For the grown-up: Star breathing: trace up a point of the star as you breathe in, and down the other side as you breathe out, all the way round. Then point to the face that shows how you feel, and talk about it.



How do you feel?



happy



calm



excited



tired



sad



angry



scared



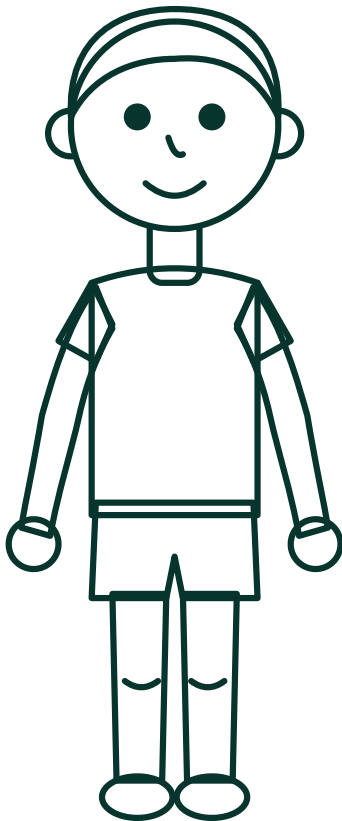
worried



Head to Toe, Tassie Devil

Name: _____

For the grown-up: Say each word together, then draw a line from the dot to that part of the child. Then colour the child in to look like your child.



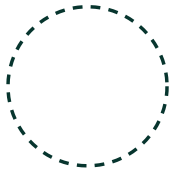
- head
- eye
- nose
- mouth
- ear
- shoulder
- elbow
- hand
- tummy
- knee
- foot



Platypus Feels

Name: _____

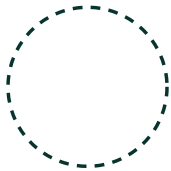
For the grown-up: Look at each feeling face. Then draw your own face for that feeling in the circle next to it. Talk about a time you felt that way.



happy



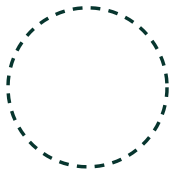
sad



calm



angry



excited



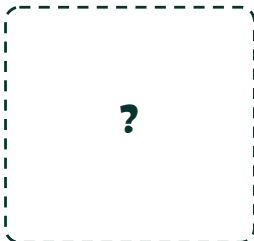
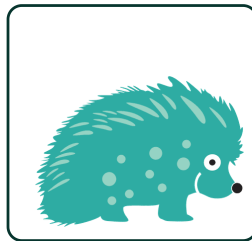
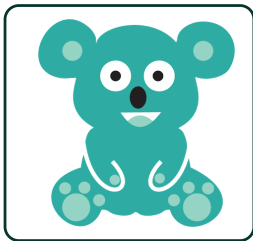
tired



Wombat's Peekaboo

Name: _____

For the grown-up: Cut out each card, fold it along the middle so the question mark covers the animal, and play peekaboo: "Who's hiding?" Lift the flap. "Peekaboo!" Draw your own animal on the back.

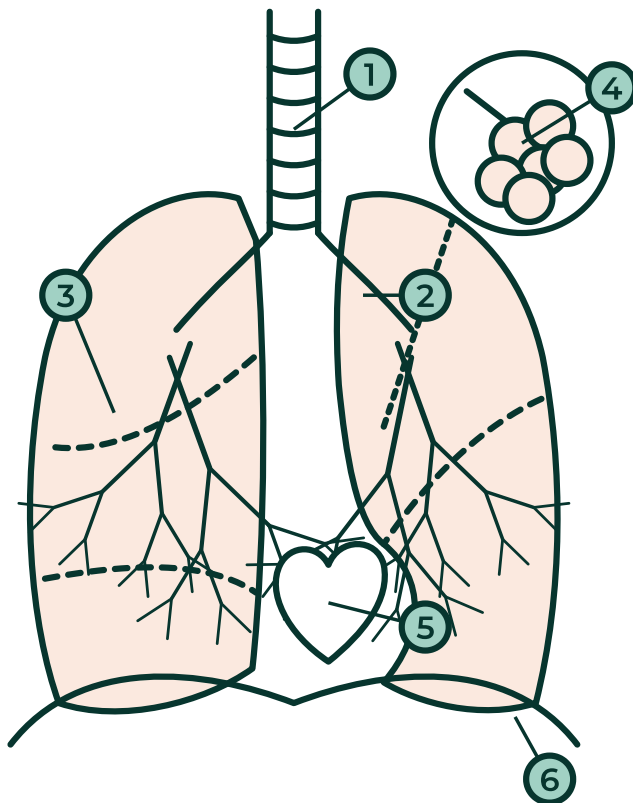




The Huff-Puff Club

Name: _____

For the grown-up: Read the words in the box together, then write each one by its number (or say them, and you write). Then count breaths for a minute, sitting still and after star jumps, and breathe on a cold window to see the cloud.



1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

trachea · bronchi · bronchioles
alveoli · heart · diaphragm

Count your breaths for one minute

Sitting still

After 20 star jumps

Which is more? That's the running emu.

Breathe on a cold window.

Draw your cloud here:

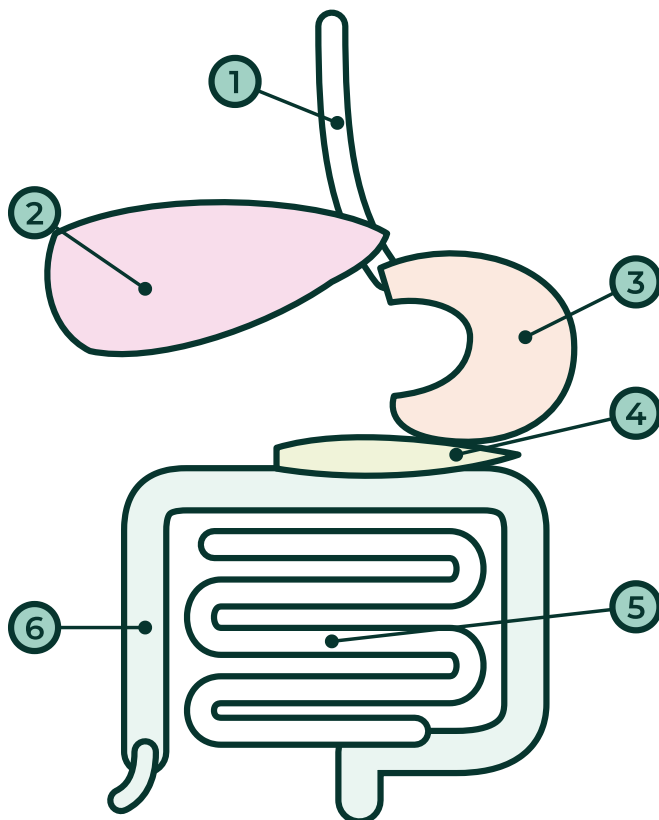




The Munch-Crunch Club

Name: _____

For the grown-up: Read the words in the box together, then write each one by its number (or say them, and you write). Help the apple through the maze, then count your teeth in a mirror, top and bottom.



1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

stomach · large intestine · liver
oesophagus · pancreas · small intestine

Help the apple from the mouth to the toilet



Count your teeth in a mirror

Top teeth

Bottom teeth

All together

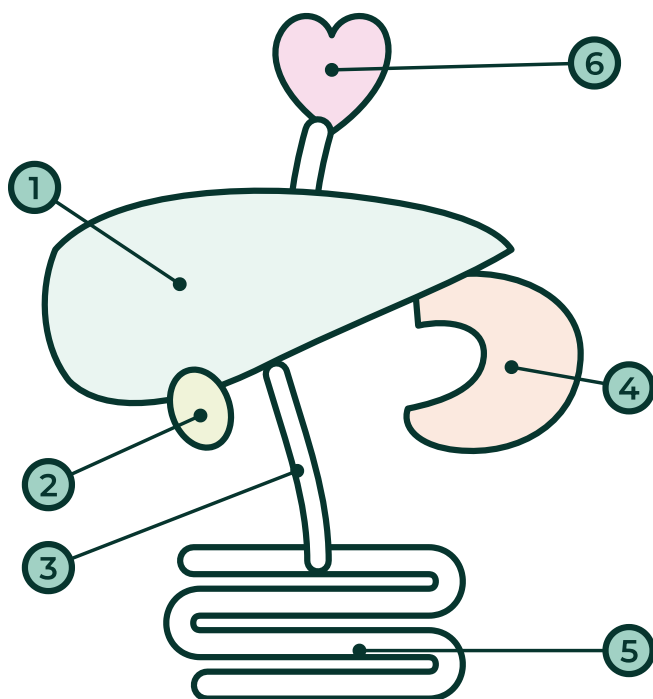
Most children have 20 baby teeth.



The Mix-Fix Club

Name: _____

For the grown-up: Read the words in the box together, then write each one by its number (or say them, and you write). Colour the honeycomb of lobules and find the sugar, then draw lines: storing sugar and making bile are mixing, cleaning out toxins is fixing.



1. _____

2. _____

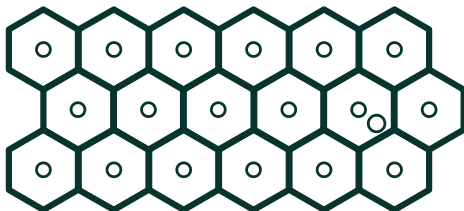
3. _____

4. _____

5. _____

6. _____

Colour the lobules. Can you find the sugar?



heart · stomach · liver
gallbladder · small intestine · portal vein

Mix or fix? Draw a line.



storing sugar

mix



toxins



making bile

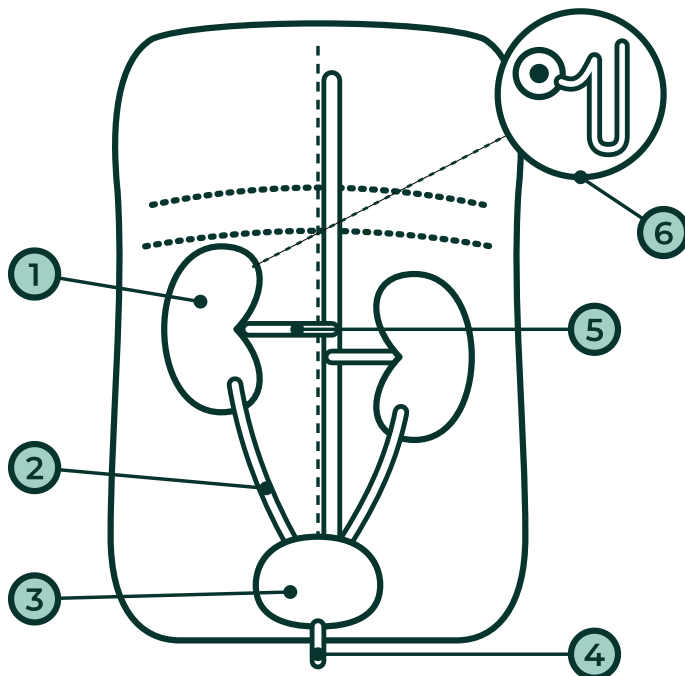
fix



The Drip-Drop Club

Name: _____

For the grown-up: Read the words in the box together, then write each one by its number (or say them, and you write). For "Back or out?", draw a line from each thing to where it goes: the tubule takes the sugar and salt back into the blood, the urea goes out in the wee, and water goes both ways. Then colour a drop for every drink today. There's no right number: drink when you're thirsty.



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

kidneys · ureters · bladder
urethra · renal artery · nephron

Back or out?

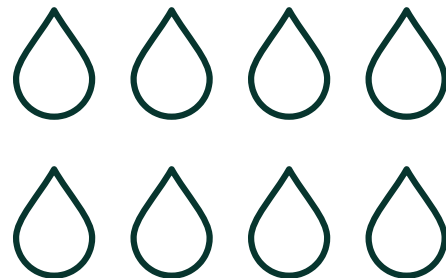
-  water •
-  sugar •
-  salt •
-  urea •



Tip: water goes both ways!

A drip-drop day

Colour a drop for every drink today.

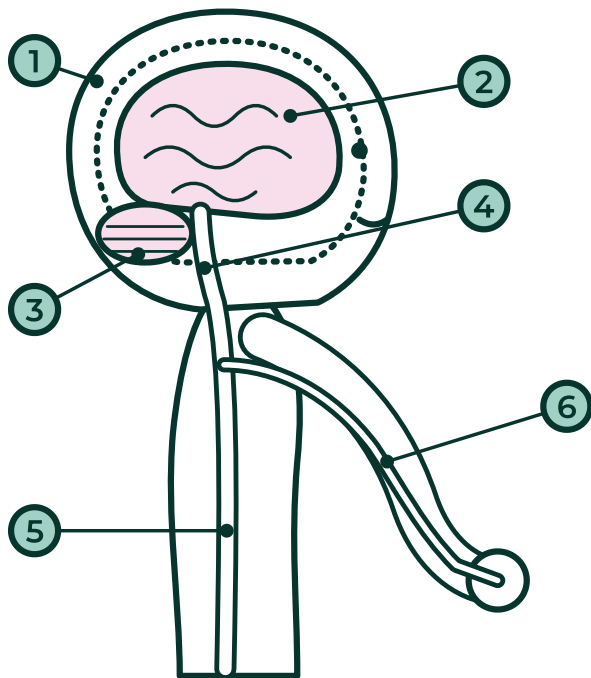




The Zip-Zap Club

Name: _____

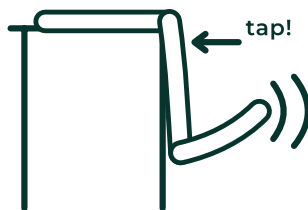
For the grown-up: Read the words in the box together, then write each one by its number (or say them, and you write). Try the knee-jerk reflex with a grown-up: a gentle tap is all it needs, and it's fine if it doesn't happen every time. Then colour the left half of the brain and the child's right side the same colour, and the right half and their left side another colour: each half of the brain moves the other side of the body.



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

skull · cerebrum · cerebellum
brain stem · spinal cord · nerve

A reflex! (with a grown-up)

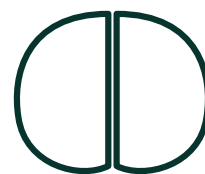


1. Sit up high, legs dangling.
2. A grown-up taps gently, just below your knee.
3. Does your leg kick by itself? A reflex!

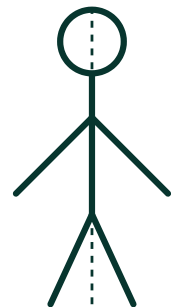
☐ yes ☐ not this time

Left and right: colour to match

the brain, from above (front at the top)



left half right half



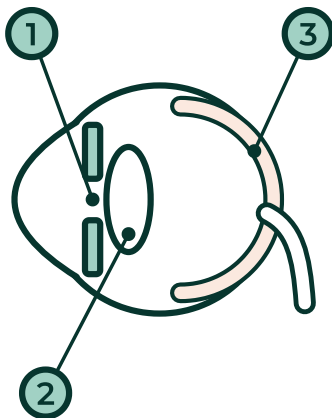
their right their left



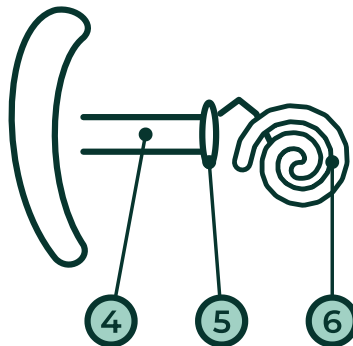
The Five-Alive Club

Name: _____

For the grown-up: Read the words in the box together, then write each one by its number (or say them, and you write). For the senses hunt, look, listen, sniff, taste and touch around you, and draw or write one thing for each. Then draw a line from each thing to the sense that finds it. Some things use more than one sense: that's fine too!



the eye



the ear

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

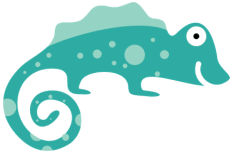
pupil · lens · retina
ear canal · eardrum · cochlea

A senses hunt

-  I can see _____
-  I can hear _____
-  I can smell _____
-  I can taste _____
-  I can touch _____

Which sense?

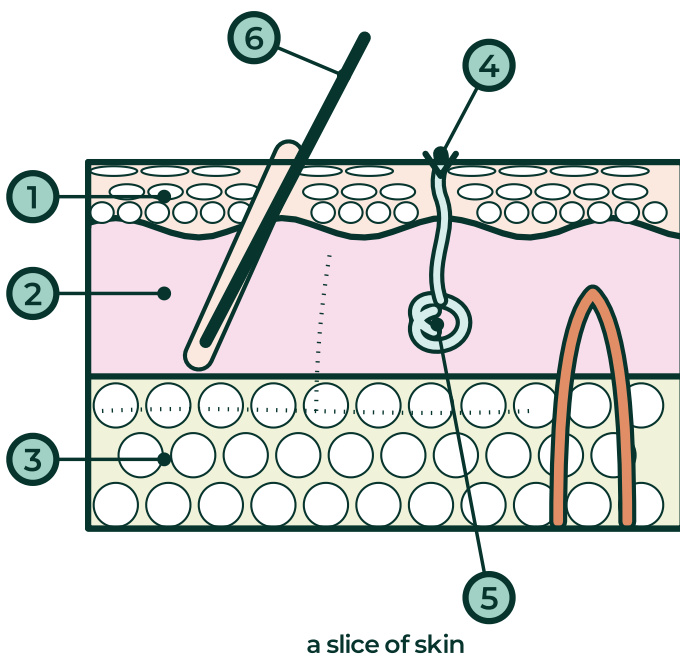
- | | | | |
|--|---|---|---|
|  a rainbow | • | • |  |
|  a bell | • | • |  |
|  a flower | • | • |  |
|  an ice block | • | • |  |
|  a soft teddy | • | • |  |



The Tickle-Prickle Club

Name: _____

For the grown-up: Read the words in the box together, then write each one by its number (or say them, and you write). For your fingerprints, rub a soft pencil on scrap paper, press a fingertip on it, then press it in a box. Look closely: is it a loop, a whorl or an arch? Last, draw a line from each place to what your skin does there.

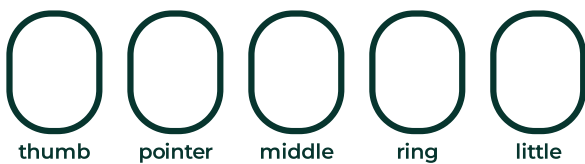


a slice of skin

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

epidermis · dermis · fat layer
pore · sweat gland · hair

My fingerprints



thumb pointer middle ring little

Circle the one that looks like yours:

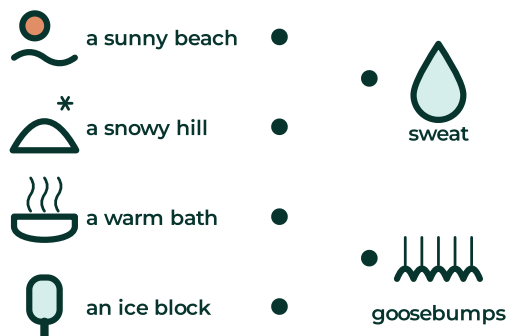


loop

whorl

arch

Hot or cold?

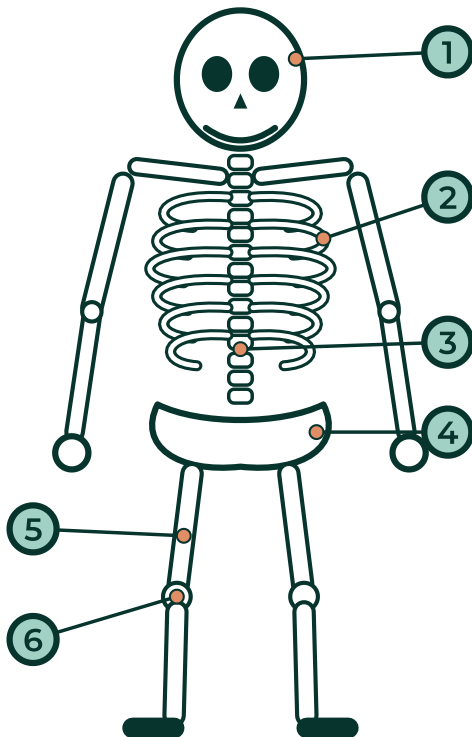




The Click-Clack Club

Name: _____

For the grown-up: Read the words in the box together, then write each one by its number (or say them, and you write). Next, bend your elbow and your knee, and swing your arm round at the shoulder: draw a line from each joint to the door hinge or the ball in a cup. Last, measure an arm and a leg with a piece of string, and measure again in a few months. Everyone grows at their own pace.



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

skull · ribs · backbone
pelvis · femur · knee

Hinge, or ball and socket?



elbow



knee



shoulder



hip



a door hinge



a ball in a cup

My bones

Measure with a piece of string.

My arm is _____ long.

My leg is _____ long.

Measure again later. Grown? Draw a star!

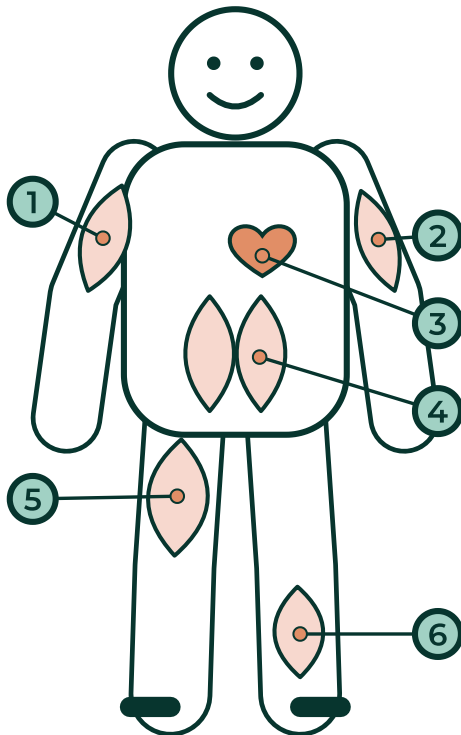




The Heave-Ho Club

Name: _____

For the grown-up: Read the words in the box together, then write each muscle's name by its number (or say them, and you write). Next, draw a line from each muscle to its pull partner: the one that pulls the other way. Last, make a muscle and draw it, then put a hand on your chest and count your heartbeats while a grown-up watches the clock for 15 seconds: once sitting still, and again after moving about: hopping, dancing, waving your arms, or any way you like to move. Everyone's heart and muscles are different: there's no right number.



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

biceps · triceps · heart
tummy muscles · thigh · calf

Pull partners

Muscles work in pairs. Join each one to its partner.

biceps

front of my arm: it bends



hamstrings

back of my thigh: bends my knee



thigh (front)

quadriceps: straightens my knee



triceps

back of my arm: it straightens



My muscles

Make a muscle! Draw your arm here.



Hand on your chest. Count your heartbeats:

sitting still _____ beats

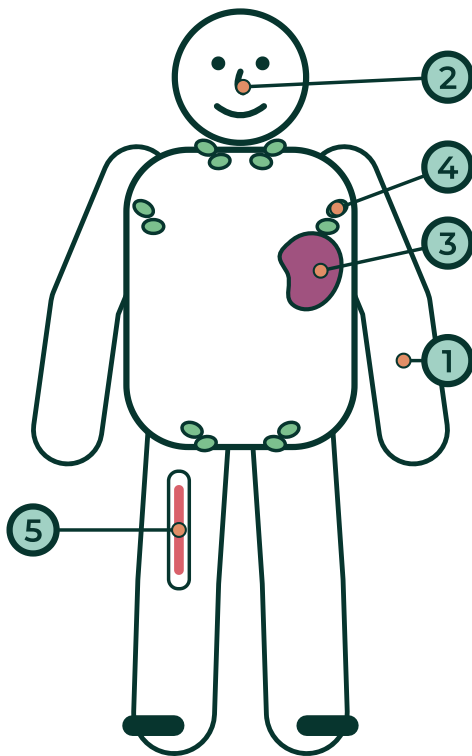
after moving about _____ beats



The Snap-Trap Club

Name: _____

For the grown-up: Read the words in the box together, then write each germ-fighter's name by its number (or say them, and you write). Next, number the hand-washing pictures in the right order: wet, soap, scrub for 20 seconds, rinse and dry. Last, keep the germ-fighting week on the fridge and tick a box each time: washing hands, sneezing into an elbow, a good sleep, and moving and playing in any way you like. It's not a test, and every tick counts.

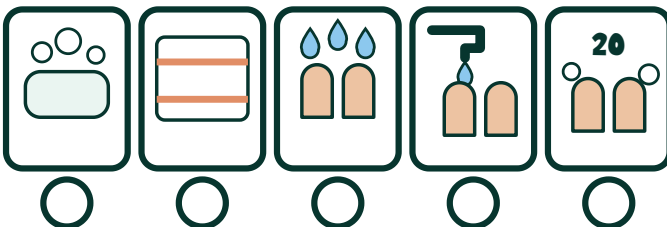


1. _____
2. _____
3. _____
4. _____
5. _____

skin · nose · spleen
lymph nodes · bone marrow

Wash your hands

Number the pictures 1 to 5, in the right order.



Wet · soap · scrub for 20 seconds · rinse · dry

My germ-fighting week

Tick a box each time!

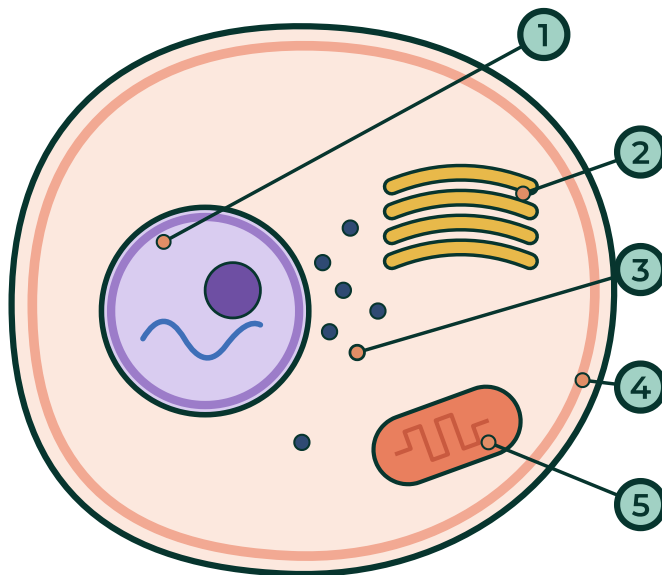
	M	T	W	T	F	S	S
washed hands	☐	☐	☐	☐	☐	☐	☐
sneezed in elbow	☐	☐	☐	☐	☐	☐	☐
a good sleep	☐	☐	☐	☐	☐	☐	☐
moved and played	☐	☐	☐	☐	☐	☐	☐



The Itty-Bitty Club

Name: _____

For the grown-up: Read the words in the box together, then write each part's name by its number (or say them, and you write). Next, join each part to its job: the nucleus is the command centre, a mitochondrion the powerhouse, a ribosome the builder, the Golgi the post office, the membrane the gatekeeper and a lysosome the recycler. Last, tick which cell has a cell wall, chloroplasts and a big vacuole (only the leaf cell does), then draw a cell of your own, with any parts you like.



1. _____
2. _____
3. _____
4. _____
5. _____

nucleus · membrane · Golgi
mitochondrion · ribosome

Match the job

Draw a line from each part to its job.

nucleus	●	● builder
mitochondrion	●	● gatekeeper
ribosome	●	● command centre
Golgi	●	● recycler
membrane	●	● powerhouse
lysosome	●	● post office

Animal or plant?

Tick which cell has each one.

	your cell	leaf cell
a cell wall	☐	☐
chloroplasts	☐	☐
a big vacuole	☐	☐

Draw your own cell!

